

AFADZATO SOUTH DISTRICT HEALTH DIRECTORATE NUTRITION 03
ORIENTED ACTIVITIES FOR 2025

Nutrition is a critical part of the health and development across age groups. Better nutrition is related to improved infants, child and matured health, stronger immune system, safer pregnancy and childbirth, lower risk of non-communicable disease and longevity

The nutrition unit does seek to assess, monitor and intervenes in the nutrition and nutritional related issues among the populace in the Afadzato South District.

Below are the nutrition-oriented activities;

1. Routine Growth and Monitoring Promotion
2. Infants and Young Child Feeding (IYCF)
3. Maternal Nutrition (Anaemia Control in Pregnant Women)
4. Vitamins A Supplementation Programme
5. School Health (Adolescent Nutrition (GIFIS) Programme)
6. Nutrition Clinic (Counselling)
7. Public Nutrition Education